



Excision Instructions

You underwent an excision today; this procedure ensures complete removal of your growth/skin lesion.

- To prevent bleeding, a heavy pressure dressing is applied the day of procedure.
- DO NOT remove the dressing and KEEP AREA DRY until next morning.
- Following morning you may shower and get the dressing wet, allowing it to be removed easily.
- No Swimming for 2-3 days.
- If any bleeding occurs, hold steady pressure with a clean gauze for 5 minutes. This should control the problem.

Wound Care:

- Clean the area twice daily with Hydrogen Peroxide for 2-3 days, then continue to clean with soap and water
- Apply thin layer of antibiotic ointment (Bacitracin, Polysporin, Vaseline) until the stitches are removed
- Apply bandage in morning and at night for the first 3 days, then cover during the day and leave open at night until stitches are removed

Face/Head- Avoid bending neck and head down to prevent bleeding

Trunk/Legs/Arms- To prevent stitches from breaking, avoid/limit activity that may strain the site.

Pathology Results:

- Biopsy results are generally received by your medical provider within 7-10 business days
- If further treatment or follow up is needed, you will receive a call from our office to inform you of the results and set up an appointment.
- Your results will be populated on your PATIENT PORTAL
- You can access your portal via our website at www.DeerfieldDermatology.com
- You may also contact us at (847)480-0004, press option 2 to leave a message requesting a return call from our clinical team members

